West Midlands Fire Se rvic e

Collaborative CO projects









Bloxwich

Aldridge

Fallings Park

Willenhall

Tettenhall

West Midland Fire Service

Wolverhampton

Bilstor

Sutton Coldfield

Our job is to keep the 2.9 million people of the West Midlands safe. We serve a diverse population across Birmingham, Coventry, Dudley, Sandwell, Solihull, Walsall and Wolverhampton. We're the second largest fire and rescue service in England, covering an area of 902 square kilometres which include areas with the highest risk in England outside of London.

Stourbridge

Hay Mills

We operate 38 wholetime fire stations across the West Midlands with over 1200 firefighters working to make the West Midlands safer, stronger and healthier.

38

Billesley

Fire Stations

No. of Co. Lat

Kings Norton

1,200

Firefighters

Solihu

Foleshill

Coventry

Canlev

Ripley

WEST MIDLANDS FIRE SERVICE

Making the West Midlands Safer, Stronger and Healthier





"Fire and Rescue Service, due to their status as trusted messengers, and with success in other areas of collaborative CO work, should be enabled to take on a more prominent role by increasing their CO home safety remit. Working closely with NFCC, CORT, Gas Distribution Networks and other partners, WMFS can use local knowledge of an area to tailor CO safety campaigns and target those different demographics within each area. Data collected by FRS should be shared with consideration of co-designing future approaches and opportunities"

Watch Commander Brinley Mills
WMFS CO lead





CO levels within UKhomes

- Within UK homes CO levels have been reported to exceed the WHO (1999;2010) guide lines:
- 326 homes monitored
- 19% had CO levels exceeding the 8-hour guide line of 9ppm (Croxford et al., 2005a; Croxford et al., 2005b)



- Frequently a ssociated with gas appliances
- Particular concern in the UK as gas appliances are widely used for heating and cooking
- Be ha viours (Ha c kne y Homes study)
- A percentage of the population may be at risk from low-level CO exposure at levels above those considered safe
- May be having a detrimental impact on health
- Individuals unaware leading to chronic exposure











Common vulnerabilities CO

Understanding Vulnerable Groups / Co-Morbidities - It is generally thought that the elderly, children, pregnant women, people living in fuel poverty, and people with underlying health conditions are more susceptible to CO exposure – CO Research Trust strategy 2021-2025

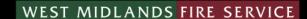






















Common Vulnerabilities WMFS





Making the West Midlands Safer, Stronger and Healthier



Targeting those most Vulnerable

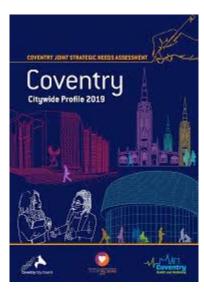
- Data Led approach
 - ❖ Vulnerable Localities index / Mosaic profile – Serious incident reviews
 - ❖Joint strategic need assessment -Coventry city council
- Collaboration
- Partnerships
- Sharing best practice
- Education



























WMFS Collaborative Projects

• 2012 Achie ving Marmot

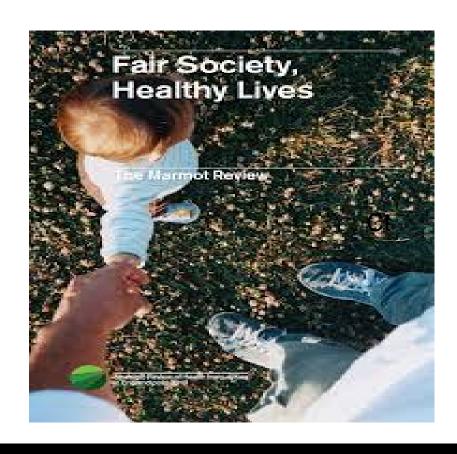
• 2018 Neuropsychological effects of chronic low-level carbon monoxide exposure

• 2021 Identifying and Protecting Pregnant women from exposure to Carbon Monoxide





Release of Marmot review 2010



Achieving Marmot





Project Overview



"Marmott" Review

6 Identified Beacon authorities were divided into 3 programmes;

Programme 1 – Greenwich & Sheffield......Improving health and leadership

Programme 2 – Durham & SunderlandFront line staff and health

Programme 3 – Coventry & Merseyside FRS....Reducing preventative deaths

Coventry Fire stations to monitor CO reading as part of their Safe and wells visit





Achieving Marmott – Programme 3

Initially, this pioneering piece of work was collaboratively undertaken by Coventry City Council, West Midlands Fire Service and Merseyside Fire and Rescue Service to develop a methodology to identify the amount of CO poisoning going unreported back in 2011. More than 27,000 properties were visited in the study in Coventry and Liverpool and, on average, only 10% had a CO alarm installed. The investigation helped save the lives of people in the two cities after the data loggers picked up dangerous levels of the gas being produced by boilers, cookers and secondary heating appliances.



Neuropsychological effects of chronic low -level carbon monoxide exposure



Aims:

- Examine the extent of to which low level-levels of CO are present within a sample of homes in Coventry
- Determine the associated neuropsychological and physical health effects of chronic low level exposure.
- Determine the associated impacts of such exposure on outcomes such as quality of life, falls risk and healthcare use.
- Determine the extent to which intervention by the fire and rescue service reducing levels of CO in the home results in measurable changes in functioning over time.









High Risk Groups

Poisoning severity depends on human and environmental factors:

- Duration of exposure
- Concentration of CO in the air
- Pre-existing disease

Older adults may be:

- More Susceptible to the effects of CO
- Reduce physiological reserve
- > Pre-existing disease
- At a higher risk of accidental CO exposure
- > Likely to spend more time in the home









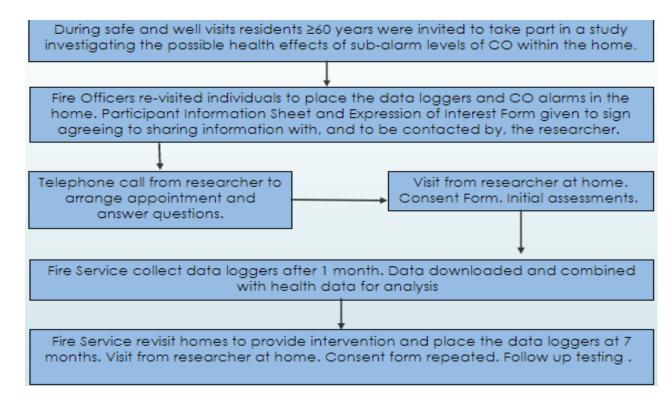






Method - A sample of 106 older adults (≥60 Years) residing in Coventry were recruited by WMFS via safe and well visits









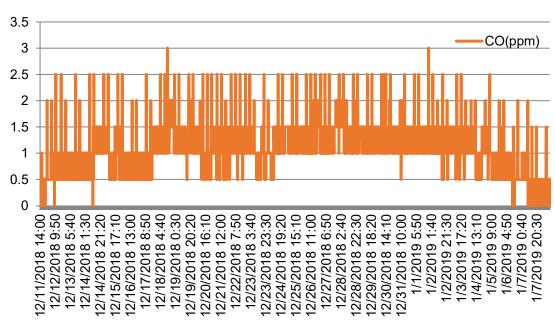


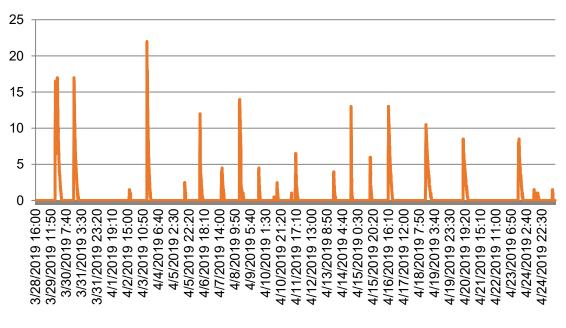




CO levels within the home

- First data collection: 70/106 (66%) homes had some CO readings over the month
- Exposure patterns observed in the data:





- •Continuous extremely low-level CO exposure with the majority of readings between 0.5-2.5ppm (Figure 1)
- •A majority of zero CO readings with higher short lasting CO peaks up to around 22ppm (Figure 2)



Making the West Midlands Safer, Stronger and Healthier



Research Impact



This new knowledge will:

- Valuable contribution to scientific knowledge in this research area
- Impact on policy
- Inform the design of CO alarms
- Influence the work of the FRS and NFCC in preventing risk to older adults
- Produce information for charities such as Age UK and gas engineers to educate, improve awareness and protect individuals.
- Identify whether CO is a potential risk factor associated with risk development.
 - * Potential preventative measures, more effective treatment, reducing risk and cost.











CO Exposure in Pregnant women ip



Aims:

- Establish what levels of CO are present in the home of pregnant women by monitoring for CO over a twoweek period.
- Establish whether breath testing at time of booking can be used as an indicator of exposure to CO in the home based on any positive breath readings, information collected at time of booking and by the Fire and Rescue Services (FRS) safe and well visits plus CO monitoring.
- **Obtain household data** (housing type and status; appliance and fuel-type) and personal CO exposure data amongst pregnant women through these methods.
- Assess any change in CO levels in the home and personal exposure levels after the safe and well FRS visit.
- Understand the levels of CO that pregnant women are exposed to in their homes and evaluate this against the **potential for such levels to cause harm**.







CO Exposure in Pregnant Women



Research Impact

- A better understanding of the scale of environmental CO poisoning in pregnancy.
- The barriers and facilitators to identification.
- How to better protect women and their unborn child.
- Protocols / Pathways for identification, treatment and removal of harm.







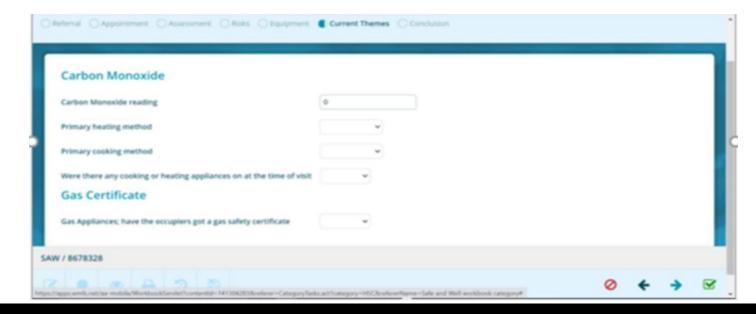


WMFS Community Risk Management Plan

Reducing heath inequalities

The aim of this objective is to enhance the "UP Steam" approach to firefighting through the development of a co-ordinated suite of activities that reduce health inequalities, therefore reducing the risk and vulnerability to fire and other emergencies. These activities will be across the life course with an aim of creating more resilient communities.







Making the West Midlands Safer, Stronger and Healthier









Carbon monoxide and residential boat project

Emma Fraser

1st August 2023

What I am going to cover today...

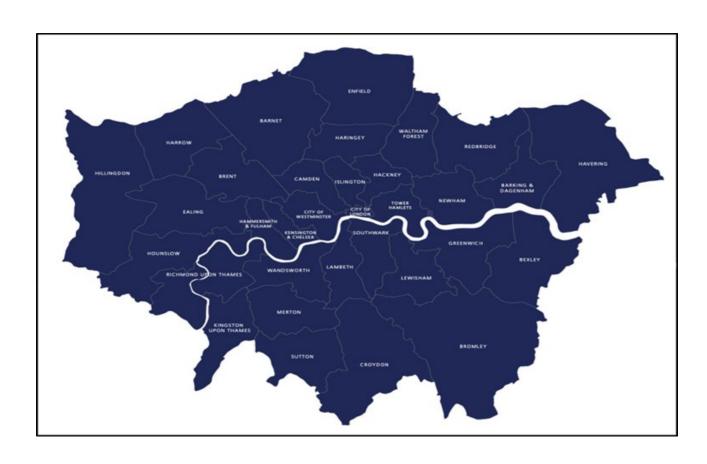
- London Fire Brigade
- Home Fire Safety Visits
- The Project



Our London









To keep London safe we have:







Fire dogs and drones....









Prevention, Protection and Response



Prevention

Our prevention services include:

- Home fire safety visits
- Youth services (school visits, fire-setters, cadets etc.)
- Community safety (road safety, water safety etc.)
- Safety campaigns and events



Protection

Our protection activities include:

- Fire safety advice and support for businesses
- Regulation of premises that are protected under the Regulatory Reform Order (RRO)
- Fire safety licensing
- Fire investigation
- Fire engineering



Response

We respond to a range of risks including:

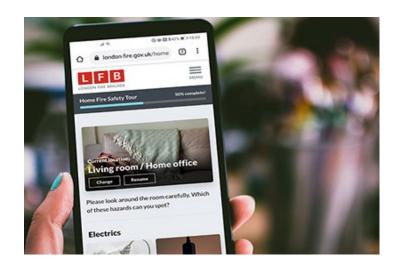
- Fires and rescues
- Hazardous materials
- Road traffic collisions
- Complex incidents which require a multi-agency response
- Other emergencies



Home Fire Safety Visits

New Process — more risk based approach

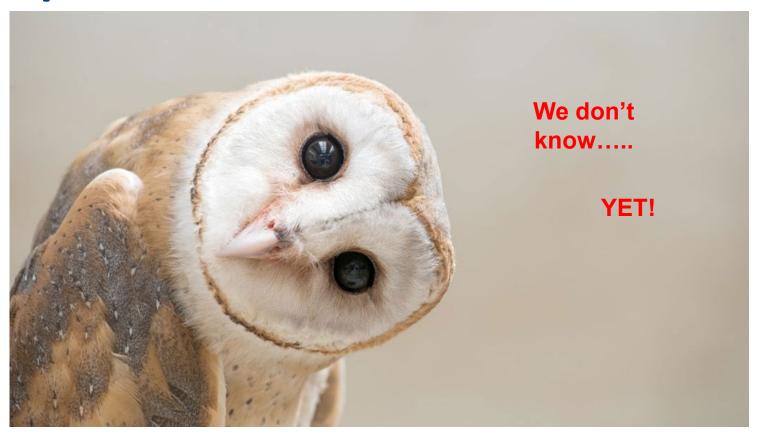




Very High Risk	Within 4 hrs
High Risk	Within 1 week
Medium Risk	Within 1 month
Low Risk	Online checker



What *are* the effects of CO exposure on lived-on boats?





Background











£153,429 Grant plus LFB contribution



1758 tailored HFSVs





Richmond

 Targeting residents from boat communities – need a good cross section of community.



• 125 a month over a year. This will help get a picture for seasonal variation.



Key questions posed

- What are the demographics of those living on residential boats in London?
- Are they at a greater risk of fire due to factors that are currently unknown?
- Are they at a greater risk of Carbon Monoxide poisoning?
- Is the risk of Carbon Monoxide poisoning for houseboat residents seasonal?



HFSV includes:

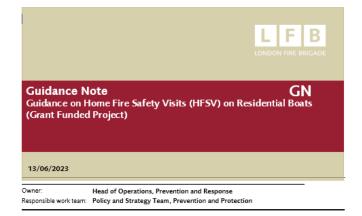




HFSV Carrying out the visit

Policies and guidance

HFSV management &



Smoke alarm and equipment

Planning





DO YOU LIVE ON A BOAT?

London Fire Brigade are conducting a carbon monoxide (CO) research project and we need your help!





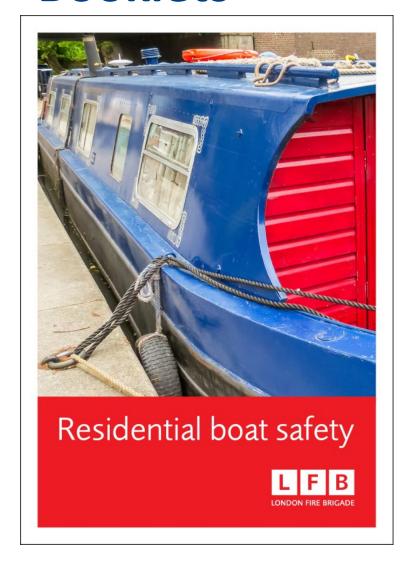




Promotion



Booklets



-Booklets to be handed out regardless of whether residents opt for logger or not.

-It will also give support with anything you are advising on. E.g. Warning signs for CO poisoning.





Cey for Data input:										
HFSV Database		Both		MS	Forms					
ection 1- Property Det	ails					Refer	ral ID			
Name										
Address of mooring (if applicable)										
Houseboat Name				Boat Number						
Visit Date										
Visit time	Time entering property (bb:mm)			Time exiting property (http://min.						
Owner Status	□ Owned □ Rented (Private landlord) □ Rented (Social Landlord / Local authority) □ Not disclosed									
How long do you spend on the London waterways each year?	□ 0-2 weeks □ 2-4 weeks				☐ 1-3 months ☐ 3-6 months ☐ More than 6 months					
Type of moorings used	☐ Short term ☐ Long term				☐ Winter mooring ☐ Permanent					
Length of boat	□<5m □ 5-8m □ 9-12m				□ 13-20m □ >20m □ not known					
Number of berths	□1 □2 □3				□ 4+ □ Not known					
Number of floors (include decks)										
Number of residents living in property by age	0-4	5-9	10-14	15-19	20-39		40-59	60-7	79	80+
Ethnicity Black, Black British/Caribbean or African ☐ Caribbean ☐ African ☐ Any other Black, Black British, or Caribbean background	Mixed/ Multiethnic Black / Ethnic group White and Black Caribbean White and Black African White and Asian Any other mixed/ multiple ethnic background.		White British Irish Oypsy o Traveller Other W		Asian or Asian British Indian Pakistani Bangladeshi Chinese Any other Asian background		Other ethnic group Arab Latin American Any other ethnic group			

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Carbon Monoxide and Residential Boat Project

Project Information Sheet

You have been invited to take part in this project conducted by London Fire Brigade (LFB), in partnership with the CO Research Trust (CORT) and Liverpool John Moores University (LIMU).

he purpose of the study

LFB want live-aboard boaters to take part in a study which will be the first of its kind. It aims to improve residents' knowledge and levels of awareness of the issues around CO and to identify whether boat residents are at a greater risk experiencing CO poisoning/or of fire.

Carbon monoxide (CO) is a highly poisonous gas which is very difficult to detect because you cannot taste it, see it or small it. CO can kill quickly and without warning, whether you are awake or asleep. A number of potential sources of fire and CO can be found on boats and these risks differ to homes on land.

The data logger is small device that records the levels of CO) will be left in your home for a period of one moth. If deen not have CFS and it is not a tracking device. At the end of this period, you will need to return the device upig the prepal enothing perioded. Combined with the logger substand the questions ameneral. UPB are hoping that the information gathered will improve the frigulat's wider understanding of the Initing practices and different ricks posed to best owners. This will be used locally and also to infilterent and alvice given to boat residents.

What will happen if you take part?

You don't have to take part in the study but it would be hugely beneficial if you do. Firefighters will visit you on your boat and conduct a tailored home fire safety visit. You will receive:

- Safety advice from firefighters
- 2. Boat safety literature
- 3. Smoke alarms, CO alarms and a data logger

Are there any benefits or risks

Having a tailored Home Fire Safety Visit will reduce your chances of experiencing a fire or CO poisoning by improving your awareness. By taking part you will be helping to give a clearer picture of variation in CO levels, seasonal and daily.





For excited 1:

The London The lengthed has defined to carry out a home fire safety visit to help you reduce the obscure
of a five excenting these. This will involve be being at various crosses is your horse and advising you on
a finished. You will also be given notice on what to do if a five excent, or that you and any other
people can escape quotify and safety.

The length is the length of the length is the length of the length of

In the property of the control of th

occupation.

6. This visit does not affect the Brigade's, or local authority's, rights to take future enforcement action in respect of the property if required.

Intesting your personal data and privacy. The litting is committed to using personal data in a responsible and transparent way. We will ensure the very protection privacy and control years of a data protection lies in most cases we collect, process and store personal information because we have a king if only to do so a check him yet supplict or implicit or because at thome part of a central winty. We will ask than the personal information with other hands or operations with other breast and thome parts of the privacy with the first or granted to by the series required to by the series.

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PLEASE READ THIS FORM AND ENSURE THAT YOU UNDERSTAND IT BEFORE YOU SIGN IT

Agreement What are you agreeing to?



If you are concerned about any gas or CO issues, contact details of organisations that may be able to assist you can be found in the 'Residential Boat Safety' booklet provided.

Protecting your personal data and privacy

The data collected from the logger provided to LIMU is accommised. The Brigade is committed to using personal data in a responsible and transperent way. We will recover that we protect your privary and comply with data protection law in most exacts we collect, process and there personal information because we have a legal day to do so (which may be explice to implied) or because it forms per of a contract with you. We will also charge personal information with other trusted or providings of they can they to take you suck or of they process information with other trusted or providings of they are they to take you suck or of they process information with other trusted or providings of the providing to make your providings of the providing of the provision of the provision

To find out more about data protection and privacy:

We make detailed information should data protection and privacy available to you through "Privacy violation to violation and the violations" which we publish in full on our website. Each notice has information about your privacy rights, which include show you can access the data we hold, and how, in some situations, you can stop us from processing the data or have it corrected or deleted. If you want to know more about data protection in the I'll or if you would like a full loop of any of our Privacy Relotes you can.

- Visit: www.london-fire.gov.uk/privacy
- Email to: dataprotection of ficer {@london-fire.gov.uk}
- Telephone: 020 8555 1200 axis 30300 and talk to a member of our Information Access Team. - Write to: Data Protection Officer, London Fire Brigade, 169 Union Street, London SE1 0LL

Date Logger fitted:

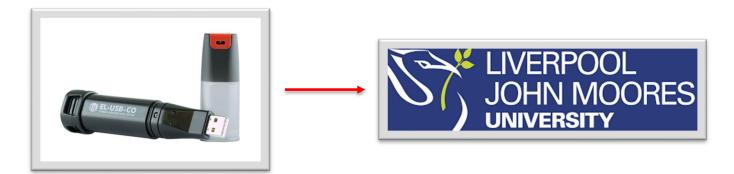
Date to be returned (one month following the visit):

Forms



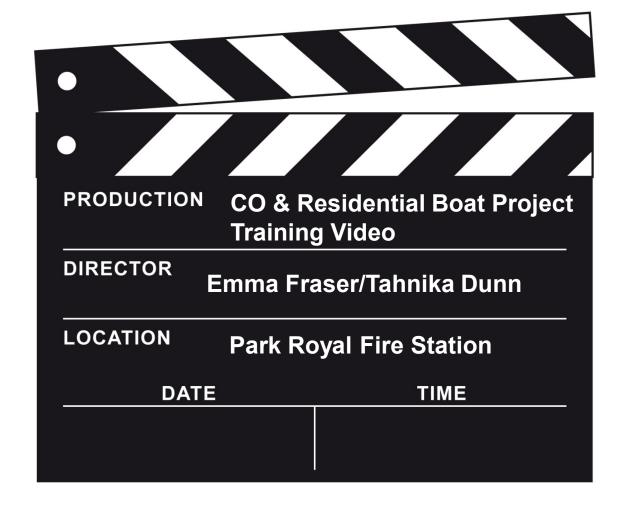
Physical resources

- CO alarms BS -50292-02 specific for boats / caravans
- Smoke alarms
- Loggers





Training





Things to note

Not boat engineers



Fire extinguishers

LFB do not recommend fire extinguishers and fire blankets in a standard domestic setting.

However, to comply with the (BSS) licensing safety requirement for boats, it is mandatory that residential boats carry firefighting equipment

The advice in the event of a fire is to get out, stay out, call 999 and place yourself in a safe location and away from risk. Fire extinguishers and fire blankets should only be used on boats to aid escape past flames or put out small fires.



Shocker.... Not everyone will want to take part



		Physical resources			Bookleta		Forms		
	Logger	CO alarm	Smoke alarm	Pre-paid envelope	Residential Boat Safety Booklet	Water safety booklet	HFSV form (tailored)	Indemnity form	Project participation form
1. Full Involvemer	x nt	x	x	x	x	x	х	X	x
2. CO slarm - no logger		x			х	х	×	X	X (but not signing logger section)
 HFSV (no logger or CO slarm) 			х		x	х	х	X	х
4. No visit					X	X			

Fig 1: Different levels of participation

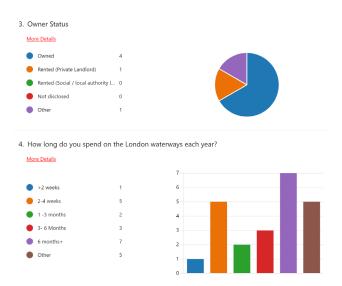


IT issues – HFSV database

Section 1: PROPER	TY DETAILS	~ _	Area Teams - Direct Allocatio	n form
ame	TI DE IAILS		Only use this form if it's a direct all	ocation. All you need to do is submit the HFSV ID number
Address				
Houseboat Name		Number	HFSV ID	Number only (no text)
Visit Date				
Visit Time	12:30 Time entering property (hit.mm)	12:50 Time exiting properly (hh:mm)	* Reason for direct allocation	Select one
Property Type	Purpose Built Flat			No contact details
Owner Status	Owned			SECTION OF THE PROPERTY OF THE
Number of Floors	1			Other contact methods have been unsuccessful
Number of residents living in property by age	0-4 5-9 10-14	15-19 20-39 40-59 60-79 1		Residential Boat Project (Richmond Borough only)
Ethnicity	11 Black or Black British - Caribbean			
Hoarding Level See guidance		rding behaviour falls under self-neglect and ald be considered as a safeguarding risk.		Other
	1 2 3 4	5 6 7 8 9		
General	Fire doors or self dosers missing / faulty	Blocked due to hoarding Property not sleeping acr	intended as commodation	
Section 2: INCREAS	SED RISK OF FIRE (High fire risk	k factors)		
Smoking	1 Number of smokers in property	Evidence of smoking Evidence of as a sleeping risk and/or hand	insafe disposal	
Cooking	Evidence of cooking often left unaffended	Evidence of unsafe cooking practices Previous kito	then fire	
Candles, incense and naked flames	Rems close to furnishings or on unsafe surfaces		ns of unsafe candle sus burn marks	

Microsoft Form







Key questions we hope to answer

- What are the demographics of those living on residential boats in London?
- Are they at a greater risk of fire due to factors that are currently unknown?
- Are they at a greater risk of Carbon Monoxide poisoning?
- Is the risk of Carbon Monoxide poisoning for houseboat residents seasonal?































emma.fraser@london-fire.gov.uk



@Londonfire





Carbon Monoxide & NFPA Resources

National Carbon Monoxide Awareness Association Conference

Kelly Ransdell, Regional Director, NFPA August 1, 2023







IT'S A BIG WORLD.

LET'S PROTECT IT TOGETHER™

Fire & Life Safety Ecosystem









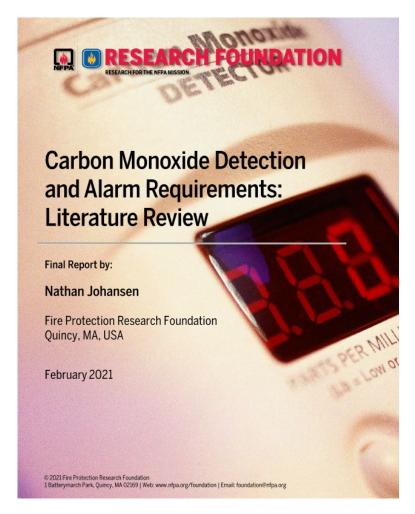


building and electrical codes

and standards.



Carbon Monoxide Report



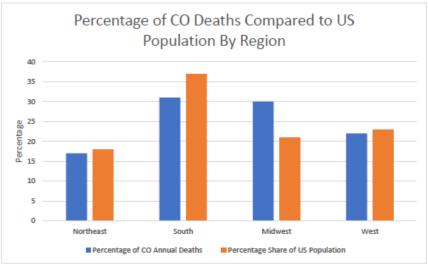
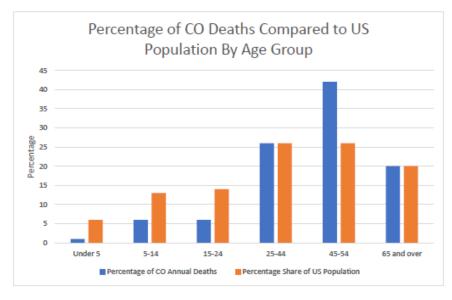


Figure 20: Percentage of CO Deaths Compared to US Population by Region¹⁹ - Data Courtesy: Hnatov 2019





Carbon Monoxide



Actress Anna Faris among 13 treated for carbon monoxide poisoning at Tahoe vacation home



Bodies of American family of 4 killed by gas poisoning in Mexico coming home for funeral: Relatives

Relatives said the bodies of the Sharp family are coming home on Wednesday.



March 25, 2018, 5:11 PM • 8 min read





American family of four dies of toxic gas in Mexico



A mission to save lives







Other Emerging Issues

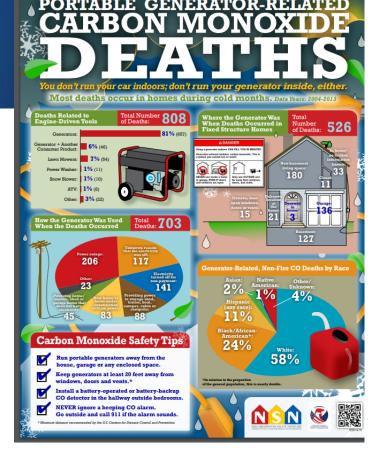


Fire department warns









ADANGER



H₂S

Poisonous gas may be present. No open flames.

https://orders.gpo.gov/formOrders.aspx?Appid=70&login=0



Outdoor Patio Heaters



Many restaurants, schools, offices, and other businesses have been using outdoor spaces to stay open and running amidst the COVID-19 pandemic, As temperatures begin to drop, portable outdoor appliances are increasingly being used to heat outdoor areas, particularly those where it is too cool to comfortably sit or stand. Restaurants with outdoor seating areas, in particular, are relying on heaters to extend the outdoor dining season as long as possible. This fact sheet includes information to help ensure that propage heaters and electric heaters for outdoor heating are used safely and in accordance with NFPA® 1. Fire Code (2018 edition).

Propane Patio Heaters For More: See NFPA 1, Subsection 69.3.13

For patio heaters that use integral LP-Gas containers with a capacity greater than 1.08 lb (0.49 kg), NFPA 1 requires that the heaters be listed by an organization acceptable to the authority having jurisdiction (AHJ).

Propage heaters need to be used in accordance with their listing and manufacturer instructions. Prior to using a propane heater, refer to the manufacturer's instructions for information such as the following:

- · Necessary clearances from the heating element
- · Proper ventilation required
- Proper inspection, cleaning, and maintenance procedures · Lighting and shutdown procedures
- . Where the heater can and cannot be used (for example, heaters cannot be used in enclosed locations)
- · Procedures for properly storing heaters

The restrictions for using propane heaters are also based on the occupancy in which they are used. For example, in assembly occupancies, such as restaurants with 50 or more occupants, heaters cannot be located within 5 ft (1.5 m) of

Regardless of where they are used, if a heater uses propane hoses, they must be as short as possible, visible, and protected

- Keep anything that can burn at least 3 ft (1 m) away

In addition, the installation, modification, and maintenance of a fixed liquid propane system needs to be perfore a qualified person in accordance with NFPA® 58, Liquefied

Storage of Propane Cylinders For More: See NFPA L Section 69.5

Where propane heaters are used, special attention must be paid to ensure that the cylinders are stored properly when not in use. NFPA 1 requires the following:

- . Cylinders must not be stored inside a building.
- Cylinders in storage must be placed in a location with minimal potential for physical damage, tampering, or exposure to excessive temperature increases
- . Cylinders must not be stored on the roof.

Additionally, cylinders that are stored outside must be located

• 5 ft (1.5 m) away from any doorway or opening in a building frequented by the public where occupants have at least two means of egress



- section of a building that has only one means of egress
- · 20 ft (6.1 m) away from any automotive service station fuel

Electric Patio Heaters

For More: See NFPA 1, Section 11.1, & Subsection 11.5.3

Portable electric heaters must be placed in locations where they cannot be easily overturned. The heaters must also be listed by a qualified electrical testing laboratory.

Electric heaters need to be used in accordance with their listing and manufacturer instructions. Prior to using an electric heater, refer to the manufacturer's instructions for information such as the following:

- · Necessary clearances from the heating element
- · Installation and wiring requirements
- Proper inspection, cleaning, and maintenance procedures The use of electric heaters also requires special attention as to how they are powered. Some of the power restrictions include the following:
- . Electric heaters should be used only where they can be plugged directly into the appropriate receptacles or extension cords of adequate current capacity.
- · Multiplug adapters and extension cords must not be used in
- Extension cords must be plugged directly into an approved receptacle, power tap, or multiplug adapter and must, with the exception of approved multiplug extension cords, serve only one portable appliance.

- 10 ft (3 m) away from any doorway or opening in a building or Extension cords must be grounded when servicing grounded portable appliances.
 - · Extension cords must be maintained in good condition without splices, deterioration, or other damage.
 - For installations that are not deemed temporary structures. extension cords and flexible cords cannot be affixed to structures; extended through walls, ceilings, floors, or under doors or floor coverings; or be subjected to environmental or physical damage.

This information is intended to clarify the major requirements for outdoor heaters to help ensure that heating appliances are being used properly. Facility managers and owners must check with the AHJ for specific requirements and final approval.

Learn More

As the world grapples with the COVID-19 pandemic, NFPA continues to provide key resources and information addressing emergency planning, building, and fire and life safety issues. New resources are being added as the crisis evolves and challenges emerge.

- ► Visit nfpa.org/coronavirus to access the latest NFPA
- ► Get free digital access to NFPA 1 at nfpa.org/1.







NFPA educational messaging



- Smoke alarms
- Home fire sprinklers
- Carbon monoxide
- Home fire escape
- Fire Safety Away from Home
- College and University Housing

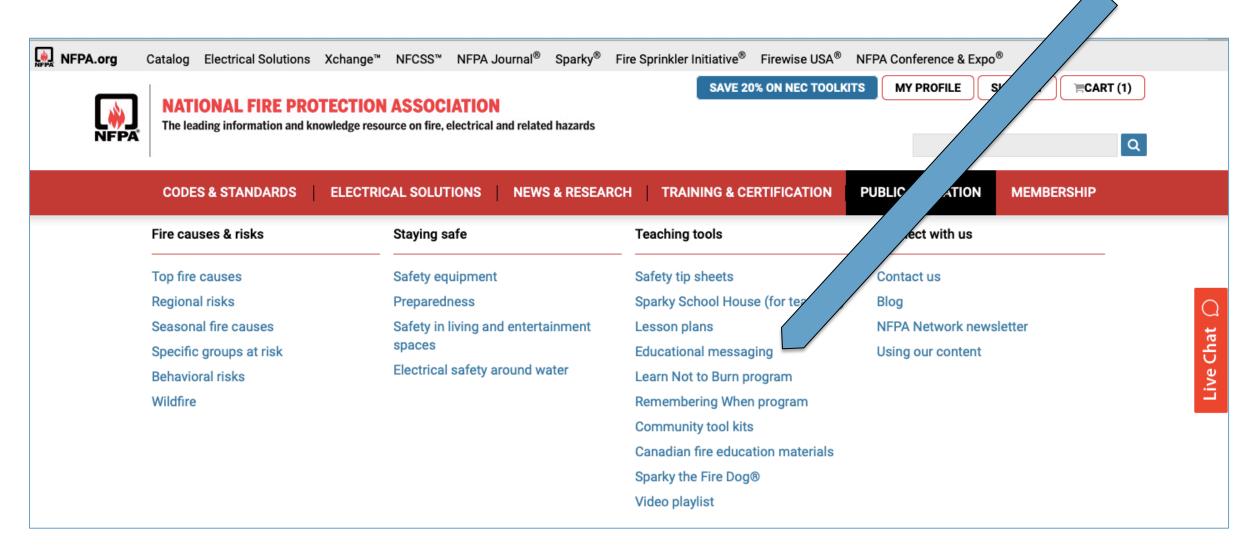
NEW!

- If you are on fire
- Cooking
- Burns
- Heating
- Smoking
- Electrical
- Lightning

- Candles
- Matches and lighters
- Outdoor burning
- Wildfires
- Medical oxygen
- Flammable/combustible liquids
- Battery Safety
- Portable fire extinguishers
- Clothes dryer
 - Pet Fire Safety
- Youth Firesetter
- Messaging for children
 - ✓ Preschool, Gr 1 & 2
- Easy-to-read messages

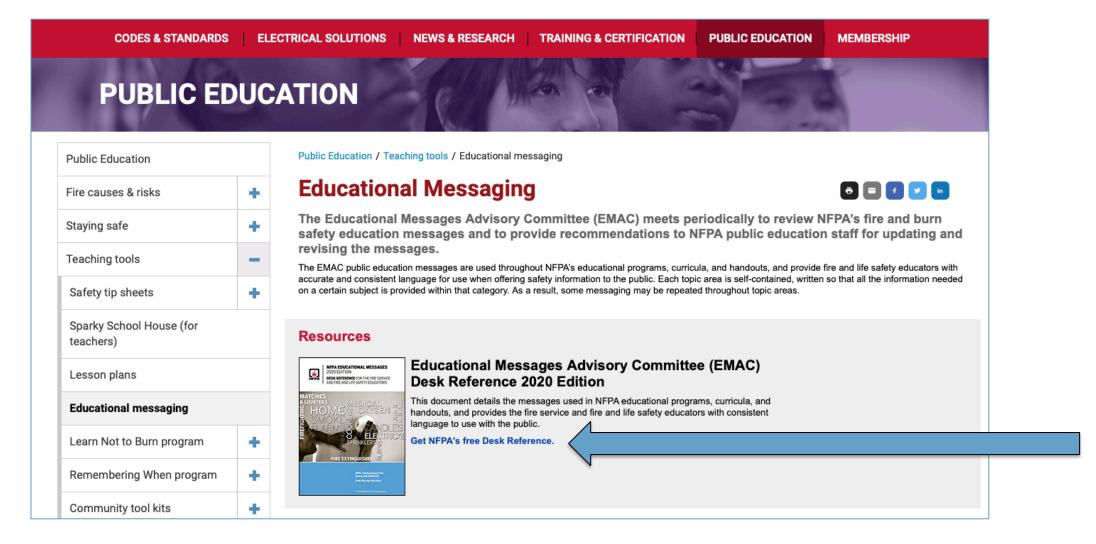


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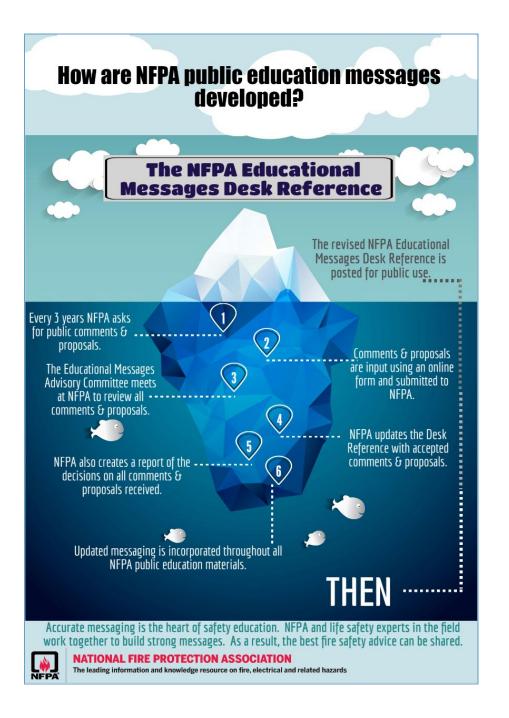




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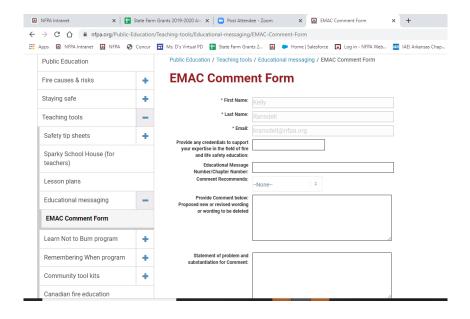






Submissions accepted year-round

How to submit comments





Chapter 3 Carbon Monoxide

3.7 Portable Generators

3.7 Portable Generators



3.7.1 Use portable generators outdoors in well-ventilated areas at least 20 feet (7 metres) from all doors, windows, and vent openings. Measure the 20-foot (7-metre) distance from the generator to the building.





3.7.5 If you are buying or renting a portable generator, choose one that is listed by a qualified testing laboratory.



3.7.6 Do not stand or sit downwind of generator exhaust. If you can smell exhaust, you are inhaling it. Exhaust is toxic and deadly.





Downed utility lines, power company blackouts, heavy snow falls or summer storms can all lead to power outages. Many people turn to a portable generator for a temporary solution without knowing

- Generators should be used in well ventilated locations outside at least 5 feet (1.5 metres) away from all doors. windows, and vent openings. Measure the 5-foot (1.5 metres) distance from the generator exhaust system to the building.
- Never use a generator in an attached garage, even with the door open.
- Place generators so that exhaust fumes can't enter the home through windows, doors or other openings in the building. The exhaust must be directed away from the building.
- Make sure to install carbon monoxide (CO) alarms in your home. Follow manufacturer's instructions for correct placement and mounting height.
- Turn off generators and let them cool down before refueling. Never refuel a generator while it is hot.



Store fuel for the generator in a container that is intended for the purpose and is correctly labeled as such. Store the containers outside of living areas.

When plugging in appliances, make sure they are plugged directly into the generator or a heavy duty outdoor-rated extension cord. The cords should be checked for cuts. tears and that the plug has all three prongs, especially a grounding pin.

If you must connect the generator to the house wiring to power appliances, have a qualified electrician install a properly rated transfer switch in accordance with the National Electrical Code® (NEC) and all applicable state and local electrical codes.

FACT



 A person can be poisoned by a small amount of CO over a longer period of time or by a large amount of CO over a shorter amount of time.



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Chapter 3 Carbon Monoxide

3.8 Boating and Marinas

3.9 If your CO alarm sounds



3.8 Boating and Marinas

3.8.1 Poorly tuned engines produce more carbon monoxide (CO). Keep your engine properly maintained. Follow the manufacturer's instructions for service.

3.8.2 Proper ventilation for engine and generator exhaust vents must be clear and pipes should be inspected for leaks.

3.8.3 Get into fresh air right away and get help if you feel symptoms of carbon monoxide (CO) poisoning. These include headache, fatigue, confusion, dizziness, nausea, or seizures. The symptoms can be similar to seasickness. Assume it is CO exposure until you are sure the boat is safe.

3.8.4 Do not swim near the boat's exhaust vents. Carbon monoxide (CO) accumulates there.

NEW!

3.8.5 Install carbon monoxide (CO) alarms inside your boat. Test CO alarms before each trip.

3.8.6 Choose a carbon monoxide (CO) alarm that is listed by a qualified testing laboratory.

3.8.7 If the carbon monoxide (CO) alarm sounds, move to a fresh air location.



Boats can be a great source of summer fun and leisure. But, boaters. swimmers, and marina staff must be aware of dangers in and around the water. Electrical hazards and carbon monoxide (CO) bring unique risks to the boating world. Learn to protect people and pets from these dangers.

ELECTRICAL SAFETY

- Never allow swimming near the boat, marina, or launching ramp. Residual current could flow into the water from the boat or the marina's wiring. This can put anyone at risk of electrical shock drownings (ESD).
-))) Be sure your boat is well maintained. Have it inspected each year. Ask a qualified marine electrician to do this job.
-))) Ground fault circuit interrupters (GFCIs) and equipment leakage circuit interrupters (ELCIs) should be installed and tested monthly. Run tests to find out if electrical current is leaking from the boat.
- Only use cords intended for marine use. Never use household cords near water.
- M Know where your main breakers are on both the boat. and the shore power source. This will help you respond quickly in an emergency.

CARBON MONOXIDE SAFETY

- » Poorly tuned engines produce more CO. Keep your engine properly maintained. Follow manufacturer's instructions for service.
- Proper ventilation for engine and generator exhaust vents must be clear and pipes should be inspected for leaks.
- M Get into fresh air right away and get help if you feel symptoms of CO poisoning. These include headache, fatigue, confusion, dizziness, nausea, or seizures. The symptoms can be similar to seasickness. Assume it is CO exposure until you are sure the boat is safe.
- Do not swim near the boat's exhaust vents. CO accumulates there.
-)) Install CO alarms inside your boat. Test CO alarms
-))) Choose a CO alarm that is listed by a qualified testing
-))) If the CO alarm sounds, move to a fresh air location right away.



Electrical shock drownings can

occur when marina electrical

systems leak electrical current

into the water. Boats can also

electrical leakage. Leakage can

cause a shock that can injure,

serve as the source of an

disable, or kill a person.

Carbon Monoxide is a gas you cannot

or charcoal is burned.

see, taste, or smell. It is often called the

"invisible killer." CO is created when fuels

such as gasoline, diesel, or propane do not

burn fully. CO is also produced when wood

Sources of CO on your boat may include

engines, gas generators, and cooking ranges.

Space and water heaters can also be sources

of CO. CO can collect anywhere in or around

a boat. The gas is harmful to both people and

CO can remain in or around your boat at unsafe levels even if the engine has been turned off.

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Chapter 5



5.1 Hotels and Motels

- ☐ Smoke / CO alarms
- □ Sprinklers
- ☐ Fire alarm sounds
- ☐ Escape plan
- ☐ Count the doors
- ☐ Room key handy

- □ Use the stairs
- ☐ Go low under smoke
- ☐ Bring a flashlight
- ☐ Leave if alarm sounds
- ☐ Return to room if escape routes are blocked



Vacations and business travel make hotels and motels our home away from home. It is just as important to be prepared and know what you would do in a hotel/motel emergency as it is in your own home.

BE SAFE WHEN TRAVELING!

- · Choose a hotel/motel that is protected by both smoke alarms and a fire sprinkler system.
- . When you check in, ask the front desk what the fire
- . When you enter your room, review the escape plan posted in your room.
- · Take the time to find the exits and count the number of doors between your room and the exit. Make sure the exits are unlocked. If they are locked, report it to management right away.
- Keep your room key by your bed and take it with you if there is a fire.
- · If the alarm sounds, leave right away, closing all doors behind you. Use the stairs - never use elevators during a fire.
- · If you must escape through smoke, get low and go under the smoke to your exit.

If You Can't Escape...

SHUT off fans and air conditioners

STUFF wet towels in the crack around the doors.

CALL the fire department and let them know your location

WAIT at the window and signal with a flashlight or light colored cloth.

FACTS

- no average, one of every 14 hotels or motels reported a structure fire
- !) The majority of hotel fire deaths result from fires that started in the bedroom.
- !) Cooking is the leading cause of hotel/motel fires.



NATIONAL FIRE PROTECTION ASSOCIATION

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Chapter 5



5.2 Peer-to-peer Hospitality

- Smoke alarms
- □ Carbon
 - Monoxide
- Cooking
- Extinguishers
- ☐ Floor plan
- □ Address

- ☐ Two ways out
- Meeting place
- □ Smoking
- □ Pathways
- Stovetop



Peer-to-peer hospitality services, such as Airbnb, Vacation Rentals by Owner and other types of vacation rentals are not regulated in the same way as hotels. Requirements vary widely across jurisdictions. Act as your own safety advocate and know before you go. Be sure the following safety measures are addressed.

SAFETY TIPS

- Working smoke alarms are in every sleeping room. They are outside each separate sleeping area. They are on every level of the home.
- Working smoke alarms are interconnected, if possible. When one alarm sounds, they all sound.
- Portable fire extinguishers are in the home and are easy to reach.
- Working carbon monoxide alarms are outside each separate sleeping area. They are on every level of the home and in other locations as required by laws, codes, or standards.
- The owner has posted a floor plan. It notes all escape routes and exits and provides emergency contact information.
- Everyone knows the address of the home.
- Everyone staying in the home has identified two ways out of every room and how to escape in an emergency.
- All doors and windows that lead outside are able to be opened.
- An outside meeting place has been chosen. It is a safe distance away from the home.
- Everyone knows how to call 9-1-1 or the local emergency number from a cell phone from outside.
- If smoking is allowed, a smoking area has been designated and is well away from the structure. Deep, sturdy ashtrays have been provided.
- All pathways are free and clear of tripping hazards.
- Electrical outlets are free from multiple cords and adaptors.
- The stovetop is clear. Anything that can catch fire is not near the stovetop, such as curtains and towels.

WINDOW AND DOOR ALERT

Be on the lookout for rooms with tiny windows. These are too small to serve as a means of escape.

Security bars on doors and windows can trap people in a fire. Make sure any security bars have quick-release devices. Tools, keys, or special efforts should not be needed to open them.

KNOW BEFORE YOU GO

Peer-to-peer hospitality services are not regulated in the same way as hotels. Requirements vary widely across jurisdictions. Do your homework before making a reservation. Check online to see your travel destination's regulations for rental properties. Ask your host if the property meets the regulations. Discuss other safety concerns you may have.

Check the forecast in case of storms that could cause power outages; assure the property has equipment (batteries, lanterns, etc.) in the event of a power outage.



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Chapter 5



5.3 Motor Home, Camper and Recreational Vehicle Safety

- ☐ Smoke alarms
- ☐ Appliance inspection
- ☐ Carbon Monoxide
- ☐ Escape plan

□ Cooking

☐ Fire extinguishers

□ Appliances

■ Vehicle service

- □ Propane
 - ☐ Heaters, lanterns, campfires



Motor homes, campers, and recreational vehicles are used for living and traveling. Each year, fires in them cause deaths, injuries, and millions of dollars in damages. Fires can start in the kitchen. They can start in the engine area. Sometimes the fires are electrical. With a few simple safety tips you can help prevent these fires from happening.

SAFETY TIPS

- Install smoke alarms. Make sure they work.
- Stay in the kitchen while you cook. Keep anything that can catch fire away from the stovetop.
- Only use one heat-producing appliance plugged into a receptacle outlet at a time. Major appliances should be plugged directly into a wall receptacle outlet.
- Refrigerators, furnaces, ovens and stovetops use propane. Check them for leaks. Keep an updated gas leak detector on board.
- Have your propane system inspected to make sure it still works properly.
- Know two ways out. Make sure windows open easily.
 Have everyone practice the home fire escape plan.
- Do not keep camping heaters and lanterns on while sleeping.
- Before setting up a campfire, make sure it is allowed.
 If campfires are allowed, they need to be at least 25 feet away from anything that can burn.
- Have your vehicle serviced by a qualified mechanic.
 Keep a portable fire extinguisher on board. Only
- Keep a portable fire extinguisher on board. Only adults who know how to operate it should use it. Only use it if the fire is small and can be contained. Make sure everyone else is leaving. Make sure someone is calling the fire department.



Carbon Monoxide Awareness

Carbon monoxide (CO) is a gas. You cannot see it. You cannot taste it. You cannot mell it. CO poisoning can result from leaks in the exhaust. It can happen because of improper use of appliances. Sometimes CO comes from another vehicle. Make sure you have a working CO alarm.

FAC

When the vehicle is used as a structure, the most common area for these fires to start is the kitchen or cooking area. This is followed by the engine area, running gear, or wheel area. Check for safety inside and outside of the vehicle.



NATIONAL FIRE
PROTECTION ASSOCIATION
The leading information and knowledge rescu
on fire, electrical and related hazards

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Chapter 10 Heating

10.3 Fuel-burning space heaters



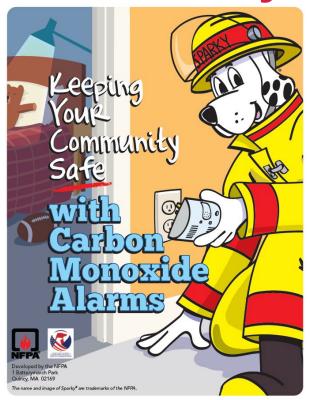
10.3.5 Newer models of unvented gas-fired space heaters have an oxygen depletion sensor that detects a reduced level of oxygen in the area where the heater is operating. They still produce carbon monoxide, carbon dioxide, and nitrogen dioxide. It is recommended to only use this type of heater for emergency heat and to choose a vented gas heater, vented wood stove, or electric heater for prolonged amounts of time.





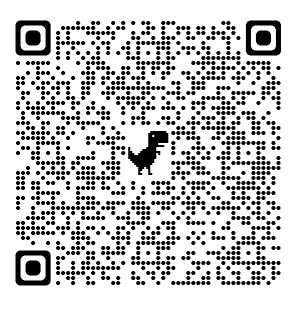


NFPA Community Tool Kit: Keeping Your Community Safe with Carbon Monoxide Alarms











Lesson Plans





Mastering the 10-Minute Mini-Lesson



CO ALARMS IN THE HOME

3.1 Dangers of Carbon

Alarm Sounds

3.3 Testing & Replacement

3.8 If Your Carbon Monoxide

Monoxide

3.2 Installation

Educational

Messages to Review:

Topic: Carbon Monoxide Alarms in the Home Audience: Adult Attendees of a City Council Meeting **Lesson Objective:** By the end of the mini-lesson, participants will be able to describe at least 3 actions to ensure carbon monoxide alarms can serve as life-saving warning devices.

Step 1: Introduction (3 Minutes)

- Greet the participants and let them know you appreciate the invitation to speak for 10 minutes.
- Introduce yourself and share your connection to the community.
- HOOK: Play the sound clip of the singing canary.
- o Ask audience members to identify the sound.
- o Share a brief bit of history about the role canaries once held in coal mines:

Poor ventilation is a problem in coal mines. Miners once used canaries to test the air quality in the mines. Canaries are very sensitive to the dangerous gases sometimes found in the mines. The canaries would chirp and sing all day long. But, if the levels of poisonous gases got too high, the canaries would have trouble breathing, and maybe even die. When the canaries stopped singing, miners would know that the gas levels were unsafe. They would leave the mine guickly to avoid suffocation or being caught in an explosion.

- o Some miners relied on canaries as early warning devices into the 1980's.
- o Modern technology has provided miners with new tools to detect the poisonous gases in mines.
- o Modern technology has also provided us with a tool to detect carbon monoxide that could be in our

Step 2: Body of the Presentation (5 minutes)

- Inform the group about the topic of the mini-lesson: The importance of having working carbon monoxide
- Share the following points with the participants:
- o Carbon Monoxide is not only found in coal mines. It is a gas that can come from heating and cooking devices in the home. Carbon monoxide is poisonous. It can make a person feel sick and can be deadly.
- o Carbon Monoxide is sometimes called "The Invisible Killer."
 - ASK: Why do you think CO has this morbid nickname? CO is odorless and colorless. People are usually not aware of its presence and can get sick or die from breathing the poisonous gas.
 - Since we cannot see, smell, or taste CO, we need to rely on another early warning system like a canary in the coal mine.
- o Carbon Monoxide alarms act as canaries in the coal mine. These alarms detect this poisonous gas and provide early warning.



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— Mastering the 10-Minute Mini-Lesson: CO Alarms in the Home —

- Inform participants about steps to take to ensure CO alarms are protecting people in the home:
- o Have working CO alarms in the home.
- o Install CO alarms outside sleeping areas and on every level of the home.
- o Follow the instructions on the package for proper installation and maintenance.
- o Test the CO alarms monthly.
- o Know the sounds the CO alarm makes. The alarm will sound if CO is detected. If the battery is low, the alarm will chirp. Replace the battery right away. If the alarm still sounds, call the fire department.
- Press the test button on a CO alarm to demonstrate the sound.
- ASK: Can CO alarms substitute for smoke alarms? NO! You need both in the home. Know the difference between the sound of the smoke alarms and the sound of CO alarms.
- ASK: What should you do if CO is detected?
- o Immediately move to a fresh air location outdoors.
- o Make sure everyone in the home gets to fresh air.
- o Call the fire department from a fresh air location.
- o Stay there until help arrives.

Step 3: Conclusion (2 minutes)

- Remind participants of the importance of having working Carbon Monoxide alarms in the home
- Ask a few review questions:
- o How is a CO alarm like a canary in the coal mine? (early warning, can reduce injury & death)
- o What actions do you need to take to keep CO alarms working properly?
- o What actions should be taken if CO is detected in the home?
- · Remind the audience that simple steps will help increase safety in the home.
- Share your contact information and encourage participants to contact you if they have guestions or concerns about other home safety issues.
- Thank everyone for their time and for inviting you to speak.

The NFPA Tip Sheet on Carbon Monoxide Safety is a great







Preventing CO Poisoning Lesson Plan

Mastering the 10-Minute Mini-Lesson



Educational Messages to Review:

- 3.4 Inside the Home
- 3.5 The Garage
- 3.6 Appliances
 3.7 Portable Generators

(about 1 each year in the US)

(about 32 each year in the US)

b) lightning strikes

Topic: Preventing CO (Carbon Monoxide) Poisoning Audience: Parent PTO meeting

Lesson Objective: By the end of the mini-lesson, audience members will be able to identify at least 3 actions to take to help prevent CO poisoning.

Step 1: Introduction (2 Minutes)

- Greet the audience. Let them know you appreciate the invitation to speak for 10 minutes
- Introduce yourself. Share your connection to the community.
- HOOK ASK: Which of these kills more people in the U.S. each year?. a) Shark attacks
- b) Lightning strikes
- c) CO poisoning
- The answer is: C! CO poisoning

The Centers for Disease Control and Prevention (CDC) reports that more than 400 people die each year, in the US, from unintentional CO poisoning from different products and motor vehicles.

CO is poisonous gas known as the invisible killer. You can't see it or smell it, but it can hurt people who breathe it. CO poisoning can happen fast or over a long period of time. It can lead to death.

Step 2: Body of the Presentation (7 minutes)

- . Inform the group the topic of the mini-lesson: Ways to prevent CO poisoning in and around the home. CO can come from many things in and around your home.
- ASK: What are some things around your home that could produce CO?
- Faulty fuel-burning appliances such as furnaces, ranges, water heaters and room heaters
- Engine-powered tools like generators
- Burning charcoal in fireplaces or in barbeque grills inside
- · Inform the group about steps they can take to help prevent CO poisoning: - Have heating equipment and chimneys checked by a professional each year before cold weather starts.
- Make sure the system is working properly. The inspector should check for proper exhaust ventilation through chimneys and flues.
- Open the damper when using a fireplace for proper ventilation.
- Never use your oven or stove to heat your home.

ASK: What are some things that could block your dryer, stove, furnace or fireplace vents? Lint, snow, leaves...

- Clear all things from dryer, furnace, stove, and fireplace vents.
- ASK: Who has warmed your vehicle up in the garage? Who has lost track of time after turning it on? - When warming a vehicle, move it out of the garage. Do not run a fueled engine inside, even if garage

doors are open. Make sure the exhaust pipe of a running vehicle is not blocked.

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- Mastering the 10-Minute Mini-Lesson: Preventing CO Poisoning -

ASK: Why might someone use a grill inside a garage? Raining, snowing.

- Always use barbecue grills outside and away from doors and windows. Never use grills inside the home or garage, even if the doors are open.
- A generator should be used outside only! NEVER use inside a home or garage.
- Keep generators at least 20 feet away from your house. Make sure they are far from windows, doors, and

Step 3: Conclusion (1 minute)

- Review: Ask for volunteers to share something they can do to prevent CO poisoning at home. Ask for a
- Remind participants that simple steps will help increase safety.
- . Share your contact information and encourage the attendees to contact you if they have any questions or concerns about other home safety issues.
- . Thank everyone for their time and for inviting you to speak.











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Safety Tip Sheets



ELECTRICAL SAFETY

- Never allow swimming near the boat, marina, or launching ramp. Residual current could flow into the water from the boat or the marina's wiring. This can put anyone at risk of electrical shock drownings (ESD).
- 3)3 Be sure your boat is well maintained. Have it inspected each year. Ask a qualified marine electrician to do this job.
- 3) Ground fault circuit interrupters (GFCIs) and equipment leakage circuit interrupters (ELCIs) should be installed and tested monthly. Run tests to find out if electrical current is leaking from the boat.
- Only use cords intended for marine use. Never use household cords near water.
- Now where your main breakers are on both the boat and the shore power source. This will help you respond quickly in an emergency.

CARBON MONOXIDE SAFETY

- Poorly tuned engines produce more CO. Keep your engine properly maintained. Follow manufacturer's instructions for service.
- 3)) Proper ventilation for engine and generator exhaust vents must be clear and pipes should be inspected for leaks.
- 3)) Get into fresh air right away and get help if you feel symptoms of CO poisoning. These include headache, fatigue, confusion, dizziness, nausea, or seizures. The symptoms can be similar to seasickness. Assume it is CO exposure until you are sure the boat is safe.
- Do not swim near the boat's exhaust vents. CO accumulates there.
- Install CO alarms inside your boat. Test CO alarms before each trip.
-))) Choose a CO alarm that is listed by a qualified testing laboratory.
- If the CO alarm sounds, move to a fresh air location right away.



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FACT
CO can remain in or around your boat at unsafe levels even if the engine has been turned off.

Electrical shock drownings can

occur when marina electrical

systems leak electrical current

into the water. Boats oan also

electrical leakage. Leakage can

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Carbon Monoxide is a gas you cannot

see, taste, or smell. It is often called the

"invisible killer." CO is created when fuels

such as gasoline, diesel, or propage do not

burn fully. CO is also produced when wood

Sources of CO on your boat may include

engines, gas generators, and cooking ranges.

Space and water heaters can also be sources

of CO. CO can collect anywhere in or around

a boat. The gas is harmful to both people and

or charcoal is burned.

Name of Organization Here

Contact Information Here



There is nothing like sitting by an open fire on a cold night. Indoor and outdoor portable ethanol burning fireplaces have become more popular in recent years. While these products provide ambiance and a little warmth, keep in mind the fuel, device and open flame can be dangerous.

Fireplace Safety

-))) A portable ethanol burning fireplace, and the fuel, should only be used by adults.
- Should only be used by adults.
 Clean up any fuel spillage and be sure all liquid has evaporated before lighting the fireplace.
- Light the fireplace using a utility lighter or long match.
 An adult should always be present when a portable
- fireplace is burning.

 1)3 Place the fireplace on a sturdy surface away from
- table edges.

 It's a good idea to crack a window open for a fresh
- supply of air.

 Never try to move a lit fireplace or one that is still
- hot.
- Don't pour ethanol fuel in a device that is lit or not completely cool. It may result in a fire or injury.
- Allow the device to cool down for at least 15 minutes before refueling.
- Extinguish the flame when you leave the room, home or go to sleep.

General Fire Safety

- Keep anything that can burn, children and pets at least 3 feet from the fireplace.
- Store lighters and matches out of the reach of children, in a locked cabinet.

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Ethanol Fuel Smarts

Store ethanol fuel in a closed container, away from the fireplace and out of the reach of children.

It may not be easy to see the ethanol fuel flame. Always close the lid or use a snuffer to be sure the flame is extinguished before refueling into a cooled fireplace.

Use only fuel made specifically for the fireplace.



Ethanol is a plant-based product that does not release new carbon monoxide into the air.

Name of Organization Goes Here

Contact Information Goes Here

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Clothes Dryer Safety

Doing laundry is most likely part of your every day routine. But did you know how important taking care of your clothes dryer is to the safety of your home? With a few simple safety tips you can help prevent a clothes dryer fire.

- Have your dryer installed and serviced by a professional.
- >>> Do not use the dryer without a lint filter.
- Make sure you clean the lint filter before or after each load of laundry. Remove lint that has collected around the drum.
-))) Rigid or flexible metal venting material should be used to sustain proper air flow and drying time.
- 3)) Make sure the air exhaust vent pipe is not restricted and the outdoor vent flap will open when the dryer is operating. Once a year, or more often if you notice that it is taking longer than normal for your clothes to dry, clean lint out of the vent pipe or have a dryer lint removal service do it for you.
- 3)) Keep dryers in good working order. Gas dryers should be inspected by a professional to make sure that the gas line and connection are intact and free of leaks.
-))) Make sure the right plug and outlet are used and that the machine is connected properly.
- 3)3 Follow the manufacturer's operating instructions and don't overload your dryer.
- 33 Turn the dryer off if you leave home or when you go to bed.

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AND DON'T FORGET...

Dryers should be properly grounded.

••

Check the **outdoor vent** flap to make sure it is not covered by snow

Keep the area around your dryer **clear** of things that can burn, like boxes, cleaning supplies and clothing, etc.

Clothes that have come in contact with **flammable** substances, like gasoline, paint thinner, or similar solvents should be laid outside to dry, then can be washed and dried as usual.

FACT

 The leading cause of home clothes dryer fires is failure to clean them.

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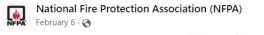


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NFPA Social Media Posts





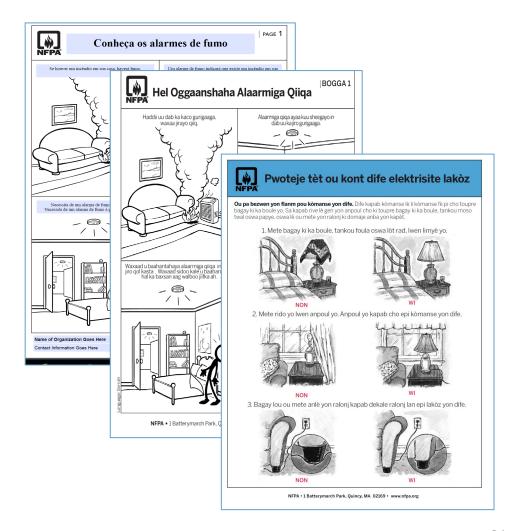


Are you counted in? Join us this year for #nfpaconf23 in Las Vegas June 19-21. Don't delay, register for the conference before February 15 and take advantage of early bird rates: http://nfpa.social/8rnf50ML18g



Translations and Easy-to-Read Tip Sheets







Social Media Cards



Install and test carbon monoxide (CO) alarms at least once a month.

CO is called the "invisible killer" because it's a colorless, odorless, poisonous gas. Breathing in CO at high levels can be fatal.









Generators should always be used outside the home.

Carbon monoxide poisoning can occur when a generator is not working or vented properly.

U.S. Fire
Administration







Solo use los generadores fuera de la casa.

Cuando un generador no funciona bien o no tiene la ventilación adecuada podría causar envenenamiento con monóxido de carbono.

U.S. Fire
Administratio



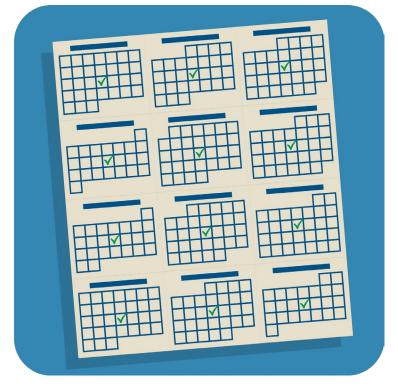








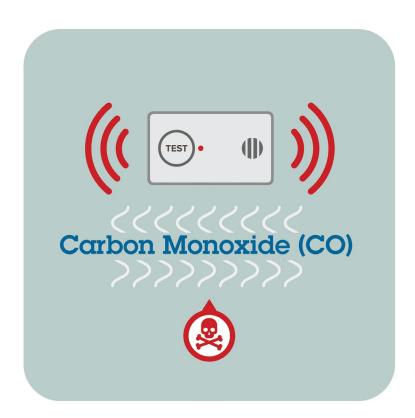




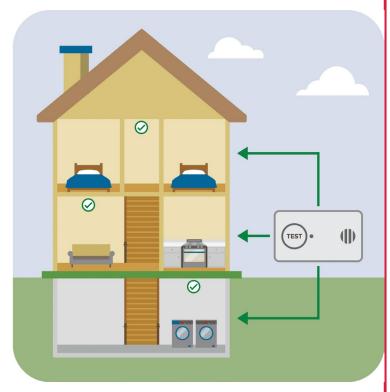




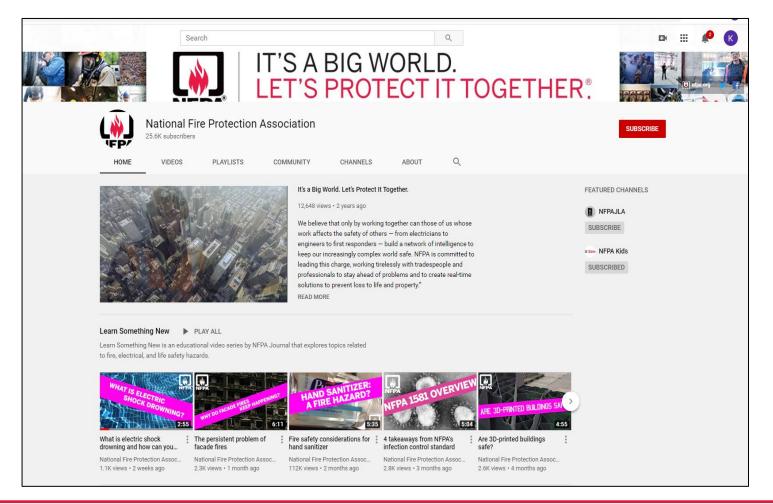








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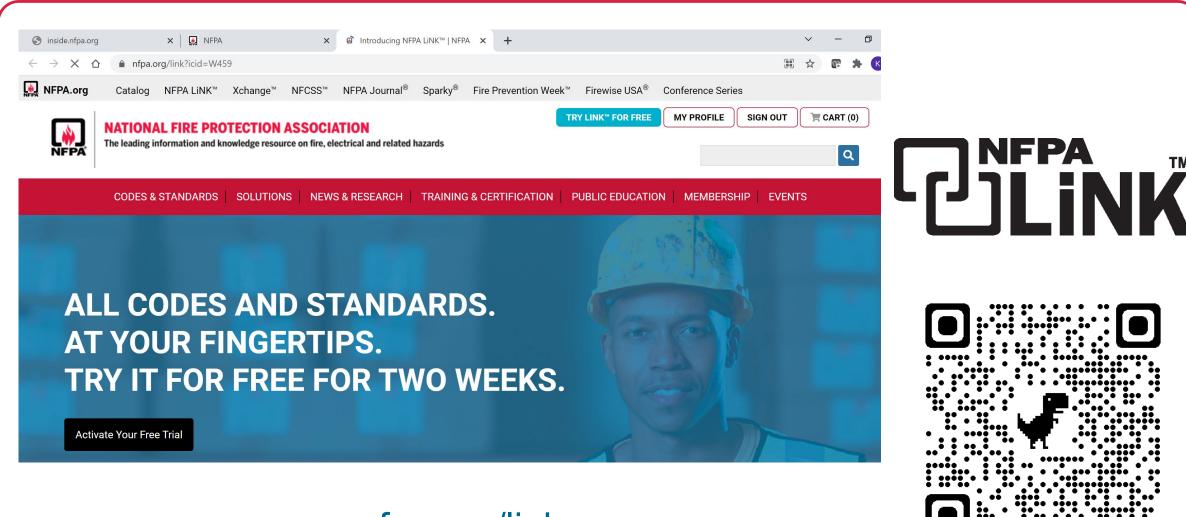
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